



VRQ LEVEL ONE COACHING ASSISTANT AWARD APPLICATION FORM

LEVEL ONE HOCKEY COACHING ASSISTANT AWARD:

This is a Vocationally Related Award, made in partnership with Ist4sport Qualifications (Awarding Body), giving an externally accredited qualification that sits on the National Qualifications Framework.

It is the minimum qualification for those who assist with hockey coaching sessions and is intended to provide the essential skills and knowledge necessary to assist a more qualified coach to run a safe and enjoyable session.

A formal assessment is included within the course and the candidate will be informed, after assessment, if they have been assessed as competent against the performance criteria. Candidates will also complete theory tasks during the course and be required to sit a multiple choice theory paper.

The candidate can expect the tutor to introduce:

- Basic techniques
- Principles of play
- Use of small-sided games
- The rules of the game
- Underpinning theory knowledge
- Skills to create a safe, enjoyable and effective environment

Those licensed at VRQ Level One will be entitled to coach under the supervision of a more qualified and experienced coach (e.g. Level Two). They should only coach those skills that they are qualified to coach. **The Level One is a Coaching Assistant to comply with UK Coaching Certificate requirements.** More advanced skills require additional training to ensure safe and effective coaching.

It is appropriate for VRQ Level One Coaching Assistants to be working with juniors, school teams and lower level club teams.

CANDIDATES:

The course is suitable for those with some experience of playing hockey, and perhaps of helping in a coaching or teaching environment.

The minimum age for accreditation is 16 years (it is recommended that candidates who are under 18 years of age attend a Leadership Course first). Applications from candidates under the age of 18 must be accompanied by a letter of support from their teacher or an accredited hockey coach. (This letter must include details of coaching experience, attitude and commitment, as they will be required to participate in reciprocal coaching during the course).

DATES:

Sunday 19th July (10.00 am – 2.00pm)
Sunday 26th July (10.00 am – 5.00 pm)
Sunday 2nd August (10.00 am – 5.00 pm)

This is an 18 hour course and candidates **must** attend all modules.

VENUE:

Perse School for Girls, Union Road, Cambridge, Cambridgeshire, CB2 1HF

COST:

£140.00

This includes England Hockey Course Registration Fee, Course Resources and voucher to download coaching material (one year subscription) from the web. If you have an email contact address please ensure that this is quoted on your application form.



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APPLICATIONS:

The closing date for applications is **Friday 5th June**. However, as the maximum number of candidates who can attend this Course is 24 you are advised to submit your application as early as possible.

Receipt of applications will be acknowledged by email. If you do not have an email address or require a receipt please enclose a stamped addressed envelope.

The Course programme and joining instructions will be forwarded at least two weeks prior to the Course start date.

STAFF:

The Head Coach Educator will be Helen Birch and the Assistant tutor will be Jason Harness.



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COURSE VENUE: Perse School for Girls, Union Road, Cambridge, Cambridgeshire, CB2 1HF

Title (Mr/Mrs/Miss/Ms etc): _____ **Name:** _____

Address: _____

_____ **Post Code:** _____

Tel (home): _____

Tel (work/mobile): _____

Email: _____

Date of Birth: _____ *(Please note that candidates under 18 years of age must include a letter of support from an accredited coach).*

Emergency Contact Name: _____ **Contact Number:** _____

Name of School/College/Club: _____

Playing/Coaching Experience: _____

Do you have any special needs? _____

or a disability? _____

I acknowledge that the course fee cannot be refunded if I withdraw within seven days of the course.

Signed: _____ **Date:** _____

(For candidates U18): I confirm that my child may participate in the Coach Award Course and that the appropriate Parental Consent Form will be completed on the first day of the Course.

Signed: _____ **Parent/Guardian**

Payment **must** accompany this application form. Please make cheques payable to 'England Hockey'

Level One Coaching-Cambridge
England Hockey East
c/o Culford School
Bury St Edmunds
Suffolk
IP28 6TX

Ph: 01284 729354 Mob: 077189805515 E: east@englandhockey.org or Catherine.Lymer@englandhockey.org

CLOSING DATE: FRIDAY 5th June 2009

Remember to enclose an s.a.e. if you require a receipt or do not have an email address.